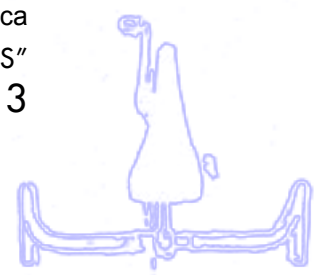


# DOUBLETALK

DoubleTalk is a publication of the Tandem Club of America  
"AN INTERNATIONAL CLUB FOR TANDEM ENTHUSIASTS"  
MARCH / APRIL 2013



The Tandem Club of America  
Jack & Susan Goertz, Editors  
2220 Vanesso Dr.  
Birmingham, AL 35242-4430



Electronic Service Requested  
STANDARD MAIL

PRSRT STD  
U.S. POSTAGE  
PAID  
Birmingham, AL  
Permit No. 387



# *SHARING*

*ON A TANDEM, WITH OTHER MEMBERS.*

*MAKE DOUBLETALK GREAT BY SHARING*

*YOUR IDEAS, THOUGHTS, PHOTOS AND ARTICLES.*

## Area Representatives

Contact your Area Reps for local tandem information.

Region 1 ( AZ, CA, CO, HI, NM, NV, UT)

- **Bob & Lois Weast**, 4324 Paradise Dr,  
Carmichael, CA 95608 (916)-961-5193

Region 2 ( AK, ID, MT, OR, WA, WY) -

**Spencer Beard & Sheila Hoffman**, 1410  
E Pine St #320, Seattle, WA 98122 (206)  
726-0598

Region 3 ( IA, MN, NE, ND, SD) -

**Paul Campbell & Cathie Bishop**, 1604 S  
Fairmount, Sioux City, IA 51106 (712)  
274-2023

Region 4 (AR, KS, LA, MO, OK, TX) - **John**

**McManus & Brenda Cole**, 922 Easton  
Pl, Dallas Tx 75218 (214) 321-6085

Region 5 (MI, WI) - **Bill & Marsha Pe-**

**ters** W5861 Timber Trl, New Lis-  
bon WI 53950 (608) 547-1101  
billmarsha61@gmail.com

Region 6 (IL, IN, KY, OH) - **Dick & Jackie**

**Homan**, 34875 N Helen Ct, Ingleside, IL  
60041-9410 (847) 587-6234

Region 7 (AL, FL, GA, MS, NC, SC, TN)

- **Marv & Miryam Rubenstein**, 2815  
Sweetbriar Dr, Tallahassee, FL 32312  
(850)-385-0534

Region 8 (DC, DE, MD, VA, WV) - **Bob &**

**Willa Friedman**, 5514 Callander Drive,  
Springfield, VA 22151 (703)-978-7937

Region 9 (NJ, NY, PA) - **Chuck & Bonnie**

**Dye**, 288 Mulberry St, Rochester, NY  
14620-2512 (585)-473-8041

Region 10 (CT, MA, RI) - **Emery & Anne**

**Glass**, 1 Dodge Road, Marblehead, MA  
01945 (781)-631-3239

Region 11 (ME, NH, VT) - **Bob & Linda**

**Harvey**, 16 Clinton Street, Salem, NH  
03079 (603)-898-5285

Region 12 (AB, BC, MB, NT, SK, YT) - **Ray**

**Thouret & Audrey Gordon**, 88 Dou-  
glasbank Rise SE, Calgary AB T2Z 1K7  
(403) 281-6494

Region 13 (ON, PQ) - **Dave & Brenda**

**Vandavelde**, 2964 Keynes Crescent, Mis-  
sissauga, ON L5N 3A1 (905)-824-9364

Region 14 (NB, NF, NS, PE) - **Alan Davidson**

**& Lynell Withers**, 20 Cascade Dr, Hali-  
fax, NS B3M 1Z3 (902) 457-4030

# Double Talk

A publication of the Tandem Club of America

*An International Club for Tandem Enthusiasts*

*Established in 1976*

[www.tandemclub.org](http://www.tandemclub.org)

Copyright © 2013 TANDEM CLUB OF AMERICA (except where noted)

## TABLE OF CONTENTS

What do TCA members do? .....	2
Who Does What? .....	2
BACK ISSUES AVAILABLE .....	2
DoubleTalk and ETR 79 .....	5
Malcolm Boyd, President, Eastern Tandem Rally	
ETR 2013 updates .....	7
Sebring Tandem Rally March 22-24, 2013 .....	8
Tour de Galicia 2012 .....	9
Laura McCabe (for Teams BS and DL), Wilmington, NC	
TCA Tandem Hospitality Homes .....	20
TANDEM CALENDAR .....	33
CLASSIFIEDS .....	34
DEALER ADS .....	36

Cover design by Edd Scheer

Send articles to: Jack & Susan Goertz, 2220 Vanessa Dr, Birmingham, AL 35242-4430

[editor@tandemclub.org](mailto:editor@tandemclub.org)



# DoubleTalk

## Who Does What?

**Editor:** Edits your articles for DoubleTalk, accepts all advertising, and wants your mid-year address corrections.

**Secretary:** Contact point between TCA and the outside world.

**Membership:** Collects dues, processes memberships.

**Treasurer:** Money management, tax and financial reports. Pays the bills

**Merchandise:** Sells T-shirts and any other TCA-approved merchandise that may be offered from time to time.

**Webmaster:** Maintains the TCA Website - [www.tandemclub.org](http://www.tandemclub.org)

When you contact one of these volunteers, seeking information about the TCA and/or tandem activities in the area, please be specific. Many of these individuals are also active in other bicycling organizations, and a SASE with no questions asked may never be returned.

*Editors:* **Jack & Susan Goertz**, 2220 Vanessa Dr, Birmingham, AL 35242  
[editor@tandemclub.org](mailto:editor@tandemclub.org) (205) 991-7766

*Secretary:* **Anne & Kent Ellis**, 1923 Azurite PL, Ft Wayne, IN 46804  
[secretary@tandemclub.org](mailto:secretary@tandemclub.org)  
(260) 387-7978

*Membership:* **Duncan & Laura McCabe**, 2302 New Orleans Pl, Wilmington, NC 28403-0315  
[membership@tandemclub.org](mailto:membership@tandemclub.org)  
(910) 540-9371

*Treasurers:* **Al & Sue Berzinis**, 99 Bender Ln, Delmar, NY 12054-4331  
[treasurer@tandemclub.org](mailto:treasurer@tandemclub.org)

*International Liaisons:* **Tom & Robyn Ratajczak**, 39 Ottari Rd, Ashville, NC 28804  
[International@tandemclub.org](mailto:International@tandemclub.org)

## What do TCA members do?

Write articles, draw cartoons, send letters, host rides and rallies.

**Deadline for the March April 2013 issue is April 1, 2013**

## BACK ISSUES AVAILABLE

We have a limited number of back issues of Doubletalk available to complete your collection. For each issue desired, send a check for \$3.00, payable to Tandem Club of America, to Jack & Susan Goertz, 2220 Vanessa Drive, Birmingham, AL 35242-4430. The issues you order will be sent to you either via first class postage (1-4 issues ordered) or via UPS (more than 4 issues ordered).

### Issues still available:

2013

January - February

2012

November - December

September - October

July - August

May - June

March - April

January - February

2011

# DoubleTalk

March / April 2013  
www.TandemClub.org



## DoubleTalk and ETR 79

What a fun coincidence to read David Bowen's letter in the January DoubleTalk about the 1979 Eastern Tandem Rally in Falmouth, Cape Cod. The letter and the attached Directory from that ETR rally were really interesting, as I'd just been working with a Cirkut panoramic picture taken of those same ETR participants that October morning in 1979. One little project I've undertaken, as one of the ETR graybeards, is to start a process to identify as many attendees from the old rally photos as we can. So David's attendee list makes it a closed set – we just have to decide which names go with which faces – easier, but not as easy as it sounds after 35 years!

Of course, this is a process that can be facilitated by collective memory, rather than just one or two folks. So to seed the process, I took a number of prints from old ETR rallies and put them on display at the ETR's fortieth rally last August in Amherst, where we naturally were running long on nostalgia anyway. Amherst attendees were invited to write the names of folks they recognized in the photo.

We have now taken that process one step further, in conjunction with the Eastern Tandem Rally refurbishing its website under the able guidance of ETR's

Beth Potier and webmaster Mike Bianco. For about eight of the ETR rallies, we have scanned or enlarged old photos and painstakingly hand-numbered each individual in the photo. These numbered and original photos are now installed on our new website at [www.EasternTandemRally.org](http://www.EasternTandemRally.org), under a history section labeled 'ETR Year by Year'. Accompanying each picture is a list of the folks we've been able to identify so far. We invite DoubleTalk readers to look through the pictures and contact us via the forms at the website, letting us know people you recognize by name and number, and we will update the lists. Please also mention which year's photo you are looking at. Also, if any DoubleTalk readers have ETR content (photos, images, logos, attendee lists and the like) that they'd like us to post, please send them to me at [president@eastertandemrally.org](mailto:president@eastertandemrally.org). Thank you and enjoy!

The ETR Rally group photos that are currently on line at the ETR site include:  
ETR 1979, Falmouth, Cape Cod  
ETR 1981, New Bedford, Massachusetts  
ETR 1984, Kutztown, Pennsylvania  
ETR 1987, Stockton-Galloway, New Jersey  
ETR 1994, Cape Ann, Massachusetts  
ETR 2008, Durham, New Hampshire



# DoubleTalk

ETR 2009, Strasburg, Pennsylvania  
ETR 2012, Amherst, Massachusetts

PS. Beth and Glenn Zeichner, #101 and #100 in that same 1979 ETR Cape Cod photo on our website, and on Dave Bowen's list, were co-founders of the Tandem Club of America with Judy and I (#21 and 20). Glenn and Beth were part of a brainstorming session at a GEAR Great Eastern Rally in Lancaster in 1976, where we were trying to name the newsletter we'd decided to publish as a means of communicating amongst US (and later international) tandemists. [For perspective, kindly recall that Al Gore wouldn't "take the initiative in creating the internet" for some years yet to come, the first websites wouldn't come about for another decade after that, and that in 1976 there were apparently no regional tandem clubs in existence in North America. The premier tools of the time were typewriters, offset print services and the mail.] Lots of potential names were floated, but Beth ended all discussion when she blurted out "DoubleTalk!" A superb double entendre – DoubleTalk it instantly was, and is.

PPS. A second connection between ETR 79 and the TCA. The folks who coordinated with the Cirkut photographer at ETR 1979 (probably the ETR79 rally organizers, our old cycling friends Emery and Ann Glass) also chose to borrow the original Tandem Club of America logo and use it with the panoramic photo. Kudos!

Malcolm Boyd  
President, Eastern Tandem Rally  
president@easterntandemrally.org



Dear DoubleTalk,

A couple of comments in response to Willard Wheeler's strongly stated opinions in the January/February issue about braking setups, also about captain/stoker communication, the non-electronic, even non-verbal kind.

I agree that the future for tandems will probably be rear disc brakes, alone or preferably along with a rim brake. But in the meantime our experience with Arai drum brakes would make us very reluctant to rely on one as a primary rear brake; it just doesn't seem to have as much stopping power as V brakes. We usually just use the drum brake as a 'parachute' on downhills. Drum brakes and disc brakes both do fade on long descents, and rim brakes can overheat. So having both a primary and secondary brake on the rear seems like a good idea.

Several years ago my wife Sandy and I had an experience which gave us new insight about braking. A pinched nerve made me lose, for several months, the use of fingers on my right hand. We tried moving the STI brake/shifter lever to the stoker's bar, fully expecting that it might be hard if not impossible to ride safely that way. But since the alternative was not to ride at all, we gave it a try. To our surprise, it took little learning and no yelling to adjust. As soon as she sensed I was braking, she applied the rear brake, and could immediately sense how hard to brake, just from the momentum of the bike. When my hand recovered we moved the lever back to the captain's bar,

# DoubleTalk

March / April 2013  
www.TandemClub.org

but the experience was an eye-opener for us: captains should not underestimate how well the stoker understands what is happening and what needs to be done about braking, shifting, weight distribution, and even steering. We put the drum brake lever on her bar, and have kept it there ever since.

Every team needs to use its own judgment, but based on our experience, we do not agree at all that it is unsafe to have the third brake controlled by the stoker. In fact, as captain the last thing I want to do on a fast, winding descent is move my hands around on the bars to reach a secondary brake lever. She doesn't need to be told when a brake is called for, and that measure of control gives her added confidence on descents.

Our second tandem is a Bike Friday with 406 mm wheels and a Sachs drum brake built into the front hub. Whether because of the brake itself, the small wheel size, or the fact that it is on the front, that brake is much more effective than the Arai rear brake on our Santana. We also control it with a lever on the stoker's bar.

Dennis Sullivan  
Drsull2@tampabay.rr.com



## ETR 2013 updates

The Eastern Tandem Rally organization is pleased to release its rally schedule for 2013. The Spring Thaw rally, co-sponsored with the PPTC, is scheduled for April 18-21 in Cambridge, Maryland and registration is now open. Our MATES rally is scheduled for June 7-9 in New Hope, Pennsylvania, and our namesake Eastern Tandem rally is scheduled for August 2-4 in Warren, New Jersey. The Eastern Tandem Offroad Rally is also planned for a return to South Jersey's Pine Barrens, but a date has not yet been set. We invite you to join us at one of our rallies this year!

Additionally, we are in the process of revamping our website at <http://www.easterntandemrally.org>; we replaced our old site over the weekend. Many thanks to our volunteers, Beth Potier, webmaster Mike Bianco, Knapp Hudson, Neil Larson, and Al Cudworth for their hours of work on this. This is a full WordPress rewrite of the site, and includes pages for each of the rallies, new and old. A lot more history of the organization and rallies is featured, in a much cleaner presentation.

A fun little feature of the History section of the website is identifying attendees at old rallies. A number of group photos from ETR rallies past are posted, and a series of these have had each person in the picture individually hand-numbered. A table of the folks already identified in each shot accompanies the photo, but the majority of attendees are not yet identified. Were you or your friends there? We invite you to look through



# DoubleTalk

these pictures (ETRs 1979, 1981, 1984, 1987, 1994, 2008, 2009, and 2011) and help us identify the attendees; we'll post your responses as updates to the tables of names. If you have photos or content from our old rallies we invite you to send them to us, and we will seek to include them, too, properly credited where possible. Thanks for your help!

Regards,  
Malcolm Boyd  
President, Eastern Tandem Rally  
[www.easterntandemrally.org](http://www.easterntandemrally.org)



## Sebring Tandem Rally March 22- 24, 2013

The PANTHERS Tandem Club, Inc., will present the Sebring Tandem Rally 2013 on the weekend of 22-24 March. With the great attendance at the Sebring Tandem Rally last year we are expecting more tandem teams for this year so please make your plans now to assure a starting spot.

The headquarters for the Sebring Rally 2013 will again be located at the Chateau Elan Hotel & Conference Center, 150 Midway Drive, in Sebring, FL. This is a beautiful location that is adjacent to the Sebring International Raceway home of the 12 Hours of Sebring. Please contact them for your reservations at (863) 655-7200 or visit their website at [www.cesebring.com](http://www.cesebring.com). Please make your reservations early. We have been able to get a very favorable rate that includes a continental breakfast. Mention the PANTHERS Tandem Club or Sebring Tan-

dem Rally for the room rate of \$89.00 per night.

Please go to our website at <http://www.floridatandemclub.org>

Rides will be offered on Friday for teams who arrive early and that evening you can meet and greet other riders at a casual ice cream social. After returning from your ride on Saturday a lunch will be served with a Banquet Dinner and Awards on Saturday evening at the Chateau Elan. Registration will be limited to 60 tandem teams and members of the PANTHERS will have preference over non-members.

As the first tandem rally of the new year, you will have the opportunity to get those legs in shape riding through some great flat routes around Sebring, Lake Placid and Avon Park. You may remember from past rides a long straight road by the name of Henscratch and the very flat and remote Arbuckle Road. You may choose from rides ranging from 35 to 60 miles and route sheets will be provided for all rides on Friday, Saturday and Sunday. Registration for the weekend will open on Thursday evening for those who arrive early.

We encourage all tandem teams to support the PANTHERS, by making your plans now to attend the Sebring Tandem Rally 2013. While you are visiting the PANTHERS website, please review all of the other tandem events planned for central Florida.





# DoubleTalk

March / April 2013  
www.TandemClub.org

## Tour de Galicia 2012

Continued from January/February 2013. Team BS (Bill Leland and Sara Lundin of Wrightsville Beach, NC) and Team DL (Duncan and Laura McCabe of Wilmington, NC) are taking an unsupported, loaded tandem tour of Galicia (northern Portugal into Spain).

Now, here's a day-by-day accounting of our trip:

### Friday, 31 August, travel day

I think it's best to expect flight stresses, but in this case the canceled flight before we even left home was a bit discouraging. A new flight was added, crisis averted, but next it's a mechanical delay. All of this led to a shortened connection and long security line in Newark. We ended up asking other passengers if we could cut in front of them to clear security (we may well have missed our flight otherwise). It's pretty stressful when both your flight connections are already boarding when you arrive at the gate! But after all that, the overseas flight on TAP Portugal (Air Portugal) was very pleasant. The overseas flights are nicer on an international carrier, rather than a domestic such as United or US Airways, because the planes are newer, the flight attendants are nicer, and the wine is free! (Apparently due to the original flight being cancelled, we were never charged the \$100 excess bag fee.)

We landed in Porto just after dawn, and after collecting our luggage we exited the airport and walked down the line of taxis until we found a van that would accommodate 4 people and 5 huge suitcases. Next time, we will get the taxi

company's business card, so the hotel can reserve the return trip with the same taxi.

We arrived too early to check in at the hotel and begin building the bikes, so we left our luggage and took a walking tour of the riverfront. We then headed back to the hotel and put the bikes together smack in the middle of the cozy lobby. The owners were cheerfully accommodating, explaining to the other guests what was going on as they stepped around us! Due to our jet lag, we sought out an early (therefore touristy) dinner, and then enjoyed some port wine on the hotel balcony under the full moon with our hotel hosts Joanna (the daughter of the owners) and her boyfriend Paulo.

continued on page 28



Teams BS & DL pose with their new Portuguese cycling friends on Day 2.

# DoubleTalk

**Saturday, 1 September**, Porto to Viana de Castelo (56 miles)

The hotel provided a typical light European breakfast of pastries (from the bakery next door), great coffee with hot steamed milk, juice and fruit. We started with the usual first morning final bike adjustments, pannier packing, luggage storage, and checkout. After a bumpy two-block descent on cobblestones down to the Rio Douro, we let a strong tailwind blow us west along the scenic riverfront, around the river mouth and up the Atlantic coast. We rode along the wide pedestrian walkway that followed the beach, which was packed with tourists. We stopped and watched a Zumba class, but the swimming pool with people sitting waist deep on stationary bikes taking a Spin Class got the laugh of the morning – too bad we didn't get a decent photo.



Bill and Duncan model their new Portuguese kits.

We left the coast and rode into Matosinhos and stopped as soon as we saw them charcoal grilling squid and sardines on the street outside a restaurant. We washed that down with the local white sparkling wine called vinho verde. (Over the rest of the tour we drank a LOT of vinho verde!). We learned later that Matosinhos is a popular place for folks from Porto to come for a meal just like ours.

When mapping our proposed routes at home, we had selected the paved roads closest to the ocean. Little did we know that many of the non-numbered roads would be cobblestone. After a few too many jouncy bouncy miles, we used Garmin to work back to highway N13, which was just fine. After a beautiful descent to the Rio Lima, we crossed the bridge into Viana de Castelo. With sunset fast approaching, Bill wanted to head west toward the coast where he found an elegant, modern beach hotel called Flor De Sal (how does he DO that?). We enjoyed a gourmet dinner at the hotel restaurant, while Bill entertained our 3 attentive waiters.

**Sunday, 2 September**, Viana de Castelo to Baiona (43 miles)

We backtracked to Viana de Castelo and then climbed the 600' to the Sanctuary of *Santa Luzia* cathedral to enjoy the views of the Rio Lima and have a coffee at the pousada (state-run hotel). A lot of the climb was on cobblestones. From there we headed north on a rugged mountain road along the ridge through fragrant eucalyptus forest. What happened next was a highlight of the trip. Rounding a corner we discovered a large

# DoubleTalk

March / April 2013  
www.TandemClub.org

group of local mountain bikers celebrating their 17th anniversary with a picnic, complete with hearty feijoada (bean and meat) stew and cake. They shouted for us to stop, and for the next 3 hours we were the celebrities of their event. After we admired their Portuguese cycling kits, the owner of the Lavarinhas bike shop (a former Portuguese mountain bike champion) drove back into town and came back with shorts and jerseys for us to try on, which we bought on the spot! After a delightful afternoon with them, we finally bid the club members farewell and descended back to the N13 coast road, which was heavy with holiday traffic, though with a good shoulder and courteous drivers. In Camarinha we boarded the ferry for the short ride across the Rio Minho into Spain. (We also crossed a time zone, losing one hour, but it took us 2 days to figure that out!). From there we headed north up the coast on Po552, a good road with only light traffic and beautiful ocean views to our left. We ended the day at Talaso Atlantico, a lovely 4-star spa overlooking the ocean. Actually, when you consider our 3hr lunch and the 1hr time zone change, it's amazing we traveled as far as we did today.

**Monday, 3 September**, Baiona to Cangas (21 miles)

A nice bike path runs along Po552 as it rounds the mouth of the Ria de Vigo towards Baiona, where we found an enormous day market in full swing and a beach full of vacationers. When we stopped for a beer (uh, I mean to take pictures), a nice woman mentioned a ferry that could take us across to Cangas, which would shorten our route that

day by ~20 miles, avoiding industrial Vigo, which seemed like a great idea after yesterday's long day! As we continued up the Ria de Vigo, it became quite congested but the cars were courteous. Using Garmin, I guessed where the port was and we successfully located the ferry after a couple of stops for directions. It's amazing how much you can communicate with just a few words. In this case, "barco a Cangas?" was adequate to get people to point us in the right direction. Team BS flatted (rear tire, of course) just as we found the small, passenger-only ferry; so the captains spent the short ride fixing the flat (and providing entertainment to the other passengers). We pedaled into town for a late lunch and found a simple family-run hotel, Casa Playa, right on the beach, for only 45 euros a room. We had all afternoon to nap and enjoy the beach. Rather than eating at one of the touristy coastal places, we walked into town and spotted a hotel with a "bicycle friendly" sign out front. We went in, gave the manager one of our travel cards, and he steered us to a small, lively tapas bar for a variety of small plates of grilled seafood and peppers, and lots of wine. The waitresses taught us a new Spanish toast\* (complete with hand gestures) which we practiced the rest of the trip.

[\* The Spanish toast we learned in Cangas: "Arriba!" [raise your glass] "Abajo!" [lower your glass], "Al Centro!" [thrust your glass outward horizontally toward others] and "Adentro!" [drink]. ]



# DoubleTalk



Team BS needs a p-u-s-h!

## **Tuesday, 4 September**, Cangas to O Grove (49 miles)

Another beautiful morning and simple hotel breakfast started us on our way out of town, continuing west along the shore then around and up the mouth of the Ria de Pontevedra. We saw lots of local cyclists, so we knew we'd selected a good route, with some challenging climbs and a lovely descent through fragrant eucalyptus forest. Stopping in the fishing town of Bueu for coffee, we generated a lot of interest from the locals. We even got a thumbs up and "muy bien" for the Catalunya bike jerseys we were wearing (bought during last year's trip, which I still need to write about!). Approaching Pontevedra, we stopped on a boardwalk and watched several older couples raking clams and harvesting seaweed from the wide mud flats. Pontevedra was a busy city, with lots of lunch rush traffic, but the drivers were courteous and accommodating, even on the bridge crossing the river. We stopped for lunch at a café, and then proceeded west along the north bank of the Ria de Pontevedra, enjoying the beautiful coast and look-

ing across the river at what we'd ridden that morning. The river mouth is wide and had many coastal resort towns. We stopped at one of these, Sanxenxo, for gelato, which was, believe it or not, the only gelato stop for the entire tour (Super Bock or vinho verde won out most of the time). We picked up a colder headwind as we rounded the peninsula and headed up the coast, especially as we navigated the narrow spit of land towards O Grove. We crossed to the elegant resort island of Isla de Toxa and selected Louxo, one of 3 fancy hotel spas there, for the night.

## **Wednesday, 5 September**, O Grove to Campo La Meiro (46 miles)

After noodling around Isla de Toxa and the O Grove peninsula, we backtracked towards Pontevedra, stopping for a great seafood lunch at a locals place (no view, no ambiance, but friendly waiters and great food). At this point, I made a major navigational boo boo. The original plan had been to head south out of Pontevedra towards Redondela, but instead we proceeded several miles north, into a rural forested area. Why? Well, according to Garmin there is a little town northeast of Pontevedra, also called Redondela. By the time we realized our mistake, it was getting late and Garmin showed no towns up the road. We stopped and asked some elderly women sitting on a bench: "habitaciones?" (There are some words you just need to know!). They answered "Si!" and started pointing up the road. I did not believe it, but very shortly we arrive at the small village of Campo La Meiro, an archeological site that had been developed enough to include a 3-star hotel and restaurant. Sometimes, I think

# DoubleTalk

March / April 2013  
www.TandemClub.org

Bill just conjures hotels out of thin air! We ended up having a really fun evening, though the only person who spoke even a tiny amount of English was our shy young waitress, an immigrant from Eastern Europe. Here we were served an ice cold red wine from a pitcher, drunk out of what looked like white ceramic cereal bowls. Either this was some local tradition, or they were having some fun with the strange foursome who had rolled into town!

**Thursday, 6 September,** Campo La Meiro to Valenca (49 miles)

To get back on track, we needed to head east with first a screaming descent down the ridge we had mistakenly climbed the day before (backtrack yesterday's route? Unthinkable!), followed by a long grind up to the next ridge and then south back towards Pontevedra. As we continued south towards Redondela, we began seeing more cyclists, as we were on the Caminho de Santiago pilgrimage route. Stopping in Redondela for lunch, we met a Dutch couple who told us they belonged to a bike group at home with a great name – The Wet Chamois! This was the only time we sent back the house red wine and ordered a bottle from the wine list. I think we hurt the waiter's feelings, but he cheerfully removed the carafe (no charge). We continued south, staying on the main A highway, following the signs back across the Rio Minho into Valenca, Portugal. (Better would have been to follow the signs to Tui, which would have crossed the river via a more scenic route.) We rode into the walled fortress at Valenca and Bill found a small, modern, well-priced hotel - Portas do Sol,



Team BS on a climb.

and we spent the evening wandering the quiet streets as the place was fairly deserted. Because it was a tourist town, they had an excellent port wine store, where Duncan photographed several pricey bottles over 100 years old.

**Friday, 7 September,** Valenca to Braga (48 miles)

After breakfast at a local café (you should have Bill demonstrate how to order ham & cheese sandwiches in “Bill-lish”), we headed south to Pont de Lima. The pavement was so new, it wasn't even painted yet. But approaching Pont de Lima we hit cobblestones again, and Bill and Sara enjoyed another rear tire flat. While repairing it at the Pont de Lima pedestrian bridge, we met a Portuguese man who was walking the Caminha de Santiago. We joined him for lunch at an inexpensive local restaurant (though he mostly smoked and talked philosophy), and learned Pont de Lima was preparing for a huge (20,000 people!) annual festival and carnival. Because of the volume of trucks, trailers, and tents, it was hard



# DoubleTalk

to get an appreciation for the town under normal circumstances, so we continued to the city of Braga, where we encountered the only unpleasant traffic of the trip – a 2-lane highway, no shoulder, and impatient drivers passing too closely and too fast. Once in Braga, Laura used Garmin to get us to the pedestrian center of the old walled city (whew!) and Bill found us rooms at the lovely Bracara Augusta. We found dinner at an outdoor restaurant full of locals, who of course recommended the bacalau (we declined!). Braga is a university city and was celebrating a city-wide performance art project called White Nights. We watched several varied performances before calling it a day.

**Saturday, 8 September**, Braga to Amarante AND BEYOND(!) (61 miles)

After the usual confusion of getting out of the center of a big city, we cycled to Guimaraes for lunch (accidentally ordering the bacalau!). We then pressed on to Amarante, where Laura spied a specialized bike shop. We stopped to get a replacement rear tire for Bill and Sara, as they have been flattening almost daily.

This was the ONE night that Bill had pre-reserved our accommodations, as it was a pousada east of Amarante in a remote mountain area. The bike shop owner warned us it would be a steady two-hour climb to the pousada, which would get us there about dark. In retrospect, we should have blown off the reservations at Pousada Sao Goncalo and found a hotel in Amarante. But we pressed on, and the two-hour climb

became 4 hours on a deserted road (we didn't see a single car!). The last two hours were in complete darkness, with a little lightening off in the distance to add excitement. Team BS ended up walking the last 2 miles to be safe. We could see the pousada lights off in the distance on the next ridge. Part of the problem was the direct route on IP4 has now been upgraded to highway E82, which is closed to cyclists. This put us on the charming but much longer and more winding N15. We arrived after 10PM, just in time to order ham and cheese sandwiches and a couple of bottles of wine from room service for dinner.

ed: We will continue with the details of the tour in the next issue.

Laura McCabe (for Teams BS and DL)  
Wilmington, NC



March 22-24, 2013. **Sebring Tandem Rally 2013**. Sebring, FL We'll be based at the Chateau Elan Hotel & Conference Center, 150 Midway Dr., adjacent to the Sebring International Raceway in Sebring, Fla. The rally is sponsored by the Florida Panthers Tandem Club. Information at [www.floridatandemclub.org](http://www.floridatandemclub.org). If you have any questions, [kbfofost@embarqmail.com](mailto:kbfofost@embarqmail.com) or call Kathy Foster 352-728-1742 before 9pm eastern time.

March 28 – April 1, 2013. **Tandem Club of the UK Easter Rally and General Meeting**. Cheltenham. <http://www.tandem-club.org.uk/>

# DoubleTalk

March / April 2013  
www.TandemClub.org

April 5-7, 2013. **Alabama Tandem Weekend 2013.** Sylacauga, AL. Home of Jim Nabors aka Gomer Pyle this small town has some wonderful surprises. A low key, spend what you want event. Like us on Facebook or check out the blogspot [alabamatandem.blogspot.com](http://alabamatandem.blogspot.com)

April 26-28, 2013 **Southwest Tandem Rally 2013.** Palestine, TX We're working hard making arrangements for a great rally. <http://swtr.org>

May 16-19, 2013 **Georgia Tandem Rally 2013.** Covington GA. GTR 2013 will be held in Covington. We last visited Covington for GTR in 2010. Like many county seats in Georgia, Covington's center is its historic courthouse and town square. Many TV shows are currently using Covington as a backdrop for their shooting. Discover the beauty of the area on GTR 2013. [www.georgiatandemrally.com](http://www.georgiatandemrally.com)

May 17-19, 2013 **COWS (Couples On Wheels) Spring Rally.** Lake Geneva, WI. Come ride with the COWS to celebrate their 25<sup>th</sup> anniversary! Enjoy riding in this beautiful area of southern Wisconsin. We have reserved 50 rooms, each with a scenic view of Lake Geneva (Guaranteed until April 17). Pre-registration is required. Deb Veerkamp at [couplesonwheels-at-gmail.com](mailto:couplesonwheels-at-gmail.com). <http://www.couplesonwheels.com/cows-spring-rally/>

May 24-27, 2013. **10<sup>th</sup> Canadian Tandem Rally.** Niagara, Ontario, Canada. Come ride with us in beautiful Niagara. Join us for a 2 or 3 day getaway of tandem touring along the Niagara Gorge and through wine country. Discover the charm and beauty while experiencing some of the finest wines this part of the country has to offer. From novice to wine savvy increase your knowledge with our tutored wine tasting on Saturday. Ride past the infamous Niagara Falls for a picnic lunch along the Parkway gardens on Sunday. Learn even more as you ride through Niagara on the Lake

and the historic sites of the War of 1812 and Fort George finishing the ride along the Welland Canal. Registration and on-line sign up soon [www.mbstandems.com](http://www.mbstandems.com)

May 25- June 1, 2013. **International Tandem Rally 2013.** Loire Valley, France <http://www.tandem-club.org.uk>

June 14-16, 2013. **4<sup>th</sup> Annual Saranac Lake Tandem Rally.** Saranac Lake, NY. Get on your tandem and ride with us on one of the three scenic routes Saturday and Sunday. With the terrain ranging from rolling to hilly, the rides will be fun for both families and speedsters. Both days have rides ranging from 14 miles to metric centuries. Following the rides, we'll gather for a barbecue and socializing. Pre-registration is required Rich Shapiro [Rich@gtgtandems.com](mailto:Rich@gtgtandems.com) <http://www.gtgtandems.com>

June 28-30, 2013, **Indiana Tandem Rally.** Fort Wayne, IN. The 3<sup>rd</sup> annual ITR exploring the flat to gently rolling country roads of northeastern Indiana, keeping the style of a small, friendly rally and adding new routes & lunch stop for 2013. The fee includes a Saturday evening banquet. The rally is limited to 60 teams so register early to reserve a spot for your team. Registration information available at [www.3rvs.com](http://www.3rvs.com). Register at [www.Active.com](http://www.Active.com). Questions? Contact Anne & Kent Ellis, [tandemindiana@gmail.com](mailto:tandemindiana@gmail.com).

July 3-7, 2013. **Northwest Tandem Rally 2013 Two If By Land...Two If By Sea** Bellingham / Whatcom County Washington. Pedal-Paddle. Explore the beauty of Whatcom county by land... and by sea, with optional water adventures for all. Pedal: Mt Baker, Chuckanut Drive, Lummi Island. Paddle: Bellingham Bay, Nooksack River, Lake Whatcom. <http://www.nwtr.org/2013/> or [Info@norka.us](mailto:Info@norka.us)

## TANDEM CALENDAR



# DoubleTalk

The TANDEM CLUB OF AMERICA wants to list your rides in the TANDEM CALENDAR. Rally and Ride Organizers, please send the information about your tandem events to:

DoubleTalk Calendar  
Jack & Susan Goertz  
2220 Vanessa Drive  
Birmingham, AL 35242  
editor@tandemclub.org

Please limit your TCA Calendar listings to TANDEM-specific events, or tours/races with TANDEM classes.

August 1-4, 2013. **Eastern Tandem Rally 2013.** Warren, NJ. The first group ride will be a remote start from the Four Sisters Winery in Belvidere, NJ on Friday. The roads around the winery are among the emptiest, prettiest roads in the state. Saturday and Sunday rides will convene at our hotel base. <http://www.eaterntandemrally.org>

August 9-11, 2013. **PIGS (Paired Iowans Going Somewhere) State Rally.** Jefferson, IA. We have a long history of great gatherings. Come join in the fun and discover a bit of Iowa. Pre-registration is required. <https://sites.google.com/site/pigsontandembicycles> questions? [pigstandem@mchsi.com](mailto:pigstandem@mchsi.com)

August 10-17, 2013. **Tandem Club of the UK Tandem 2013.** Somerset, UK. This is the Club's national rally. <http://www.tandem-club.org.uk/>

August 30 – September 2, 2013. **Midwest Tandem Rally 2013.** Greene County (Dayton), OH. G.O.A.T.S. Going Greene. The GOATS have been working hard for quite some time already and the Greene County Tourism group is helping them out. Sign up soon, you can book your hotel now for this great end of summer event. <http://mtr2013.org>

October 11-14, 2013. **Fall Allegany Rally for Tandems (F.A.R.T.) FART XX.** Allegany State Park, Salamanca, NY. This is our 20<sup>th</sup> consecutive year!!!! And we have an extra day to play! Columbus day for the Americans, Thanksgiving for the Canadians. FART – an off-road MTB weekend for tandems. Private rooms. Bring food to share. Riding XC ski trails, horse trails, and dirt roads. Technically not difficult, but be prepared to climb. Register early, limited to 20 teams. For more info, contact Karen or Brian Managan, 49 Martinot Ave, Rochester NY 14609 (585)654-9624 or [frosty\\_dog@mac.com](mailto:frosty_dog@mac.com). The cost for the camp for the entire weekend is divided by the number of teams, so the more teams, the less it costs! Check out the FART web page at [\[tmtb.org\]\(http://tmtb.org\)](http://far-</a></p></div>
<div data-bbox=)

October 18 – 20, 2013. **Southern Tandem Rally 2013.** Cullman, AL. Three great days of riding, and socializing should make this a rally to remember. Watch [www.southerntandemrally.com](http://www.southerntandemrally.com) for details or e-mail [goertz@mindspring.com](mailto:goertz@mindspring.com)



## CLASSIFIEDS –

**FOR SALE:** Topline tandem captain (front) cranks. 175mm, silver, 110mm BCD, compatible with square taper bottom bracket. These used cranks still look nice. \$50, includes USPS shipping in the U.S. For more information, contact Michael at [kantner@pacbell.net](mailto:kantner@pacbell.net) or 818-209-3767 (CA)

**FOR SALE:** 2001 Santana Arriva SE road tandem. It's red, size small/small. It's been ridden less than 400 miles, and it's in like new condition. Asking \$2000. Located in Kansas City, KS. Pictures are at [https://www.dropbox.com/sh/ko97rhd3ua50912/TTcV0pDhQj#](https://www.dropbox.com/sh/ko97rhd3ua50912/TTcV0pDhQj#/). We're also including a tandem mount (old style) for a Yakima roof rack. Contact Deb at [mitchdeb@gmail.com](mailto:mitchdeb@gmail.com) or 913-226-8517. KS 07/13

**FOR SALE:** Tandem-size Bike Pro bike bag with optional hard sides. It's been to Europe a few times but still in very good condition. \$125, delivery negotiable. Call 248-608-4037 or send an email to: [d.plzak@att.net](mailto:d.plzak@att.net). Doug Plzak. NC 05/13

**FOR SALE:** 1983 Jack Taylor touring tandem.



# DoubleTalk

March / April 2013  
www.TandemClub.org

Hand-crafted by Jack Taylor and his two brothers in Stockton on Tees, England. Double-buttet lugless construction throughout. All tubes are Reynolds 531. 24x21. Black with traditional Taylor subdued multicolor striping. Mostly Campagnolo Super Record or Nuovo Record components are used. The oversize (tandem) headset assembly is Jack Taylor proprietary. SuperRecord tandem crankset, 175/165 crankarms, (52/42/34) w/42t X-over rings. 6-speed 14-34 freewheel. Four Campagnolo Record brake levers on front bars, one pair operates the Shimano cantilever brakes, the second pair the disk brakes. Campagnolo Record FD, Huret Duopar Titanium RD. Campagnolo SR shift levers, rear indexed. Dropbars F&R. Campagnolo Record seatposts w/Brooks leather saddles front and rear. Front and rear Jack Taylor luggage racks and four panniers. Also included are an extra set of wheels. All 4 wheels are 27" x 1" Wolber 58 Super Champion rims with 48 double butted SS spokes. One pair has Phil Wood hubs and disk brakes front and rear, the other has French Mavic hubs, including the famous rear drum brake. A Vitansel Tandem car roof rack is included. The tandem has never been crashed or dropped, and there are no scratches or rust. It has always been carefully maintained and is in excellent condition. Apart from occasional short runs, it has not been used seriously since 1998. Asking \$1000, but will consider any serious offer from someone who is willing to enjoy this classic as the collectors' item that it is. I might even be persuaded to donate it to a serious collector who will keep it up.. New owner is to collect or arrange packing and shipping. For more information or details, please contact Jim Scott, ph: 772-287-3250 or e-mail: jimscottfl@comcast.net (FL) 03/13

**FOR SALE:** 2008 Santana Beyond, Medium size frame. Very smooth and very fast. IsoGrid double-buttet carbon tubing with co-molded titanium ends, Perfect-10 shifting, Carbon crankset,

Shimano Sweet-16 wheelset, upgraded Reynolds fork, Dura-Ace brakes, Shimano STI 6700 shifters, rear rack, and new front derailleur. Selling because we need (and have purchased) a coupled tandem. \$9,000. Also have BikePro USA Oversize Tandem Case (\$450). Contact Jim Flesch by e-mail @ jaflesch@lawggf.com or call @ 312-346-1080 (IL). Pictures are available. (IL) 03/13

**FOR SALE:** 2002 Santana AL Triple Sovereign. 95cm x 92 cm. Blue. Purchased from Tandems Limited, this bike has an estimated 3000 miles of usage. We rode BRAG five times, and used the bike for other family outings. Ultegra Group, 9 speed XTR rear derailleur. Hadley Hubs on 48 spoke wheels. Rear drag brake. Avid caliper brakes. AHeadset headset. Flight deck and second cyclometer at rear stoker station. Old Man Mountain rear rack. Serfas saddle for captain, Terry saddles for stokers. Stoker 1 position has pneumatic shock absorber in seat post. 5 water bottle cages (capacity of seven). The paint has like-new luster and does have nicks, chips, etc around the rear drive train. Includes ATOC triple bike mount for roof rack. Can provide with our without SPD pedals for each rider. Shipped with new Gatorskin Kevlar tires. Captain's top tube bears autograph of Tour de France cyclist, Bob Roll. Asking \$4500 + shipping. I hate to see it go, but it needs to be ridden. Edgar Dalrymple. E-mail edgardal@hiwaay.net. Bike is located in Huntsville, AL 03/13

**WANTED:** Objective roadtests, with photos, of tandems built by quality frame-builders. Send articles, photos (prints only), etc. to Jack & Susan Goertz, Editors of DoubleTalk.

**WANTED:** Volunteer artist(s) to prepare sketches, cartoons, and illustrations to Jack & Susan Goertz, 2220 Vanessa Drive Birmingham, AL 35242-4430.

## CLASSIFIEDS

Classified advertising rates available upon request. Send a SASE to the Editors.

Non-commercial Classifieds are free to TCA Members. Please include your member # with your ad.



# DoubleTalk

## Tandem Dealers

**PRECISION TANDEM** – 30 Tandems, Triplets, Quads in stock from Burley, Co-Motion, Longbikes, Meridian, Santana. Child Adaptor Kits. On-line Parts & Accessory Catalogs & Tandem Display. Check out [www.PrecisionTandems.com](http://www.PrecisionTandems.com). 913.962.8866 10am-9pm days. 03/13

**GEAR-TO-GO TANDEM**. NY & northern PA's largest Tandem Dealership located in Saranac Lake, NY. Santana, Co-Motion, Calfee, Burley, Rans in stock. Test rides by appointment. Saranac Lake tele: (518)-891-1869; Rich@gtgtandems.com Check our website: <http://www.gtgtandems.com> 05/13

**VILLAGE CYCLES**. Selling Santana, Co-Motion, daVinci, Rans & Sun tandems. Testriders welcome. Trade-ins accepted. See us at [www.villagescyclesport.com](http://www.villagescyclesport.com) or 45 Arlington Heights Rd, Elk Grove Village, IL 60007. (847)-439-3340 11/13

**TANDEM, LIMITED**. Selling America's finest tandems, Bushnell, Cannondale, Co-Motion, KHS, Rans, Santana, more. 2220 Vanessa Drive, Birmingham, AL 35242-4430. (205)-991-5519 e-mail: [tandems@mindspring.com](mailto:tandems@mindspring.com) or [www.tandemsltd.com](http://www.tandemsltd.com) 01/14

**TANDEM MATCHMAKERS** - Nearly 200 in stock. Touring, Family, Track, Race, Recumbent, Triplet, Portable, Quad. Rentals. Long rural tests. Repairs, Modifications, refinishing. Wheels, Obscure Parts. worldwide shipping. Buy and trade MT. AIRY BICYCLE. - [www.bike123.com](http://www.bike123.com) - Orders: 888 MY TANDEM (MD) 01/14

**HOSTEL SHOPPE** - Choose from huge selection of two or three wheel tandems from Volae, Rans, Greenspeed, Hase and Terratrike plus parts, accessories and adaptive cycling equipment. Free catalog. [www.hostelshoppe.com](http://www.hostelshoppe.com) - [info@hostelshoppe.com](mailto:info@hostelshoppe.com) 01/14

**HOUSE OF TANDEM** – a tandem boutique, offering Santana, Co Motion, and daVinci tandems. See the largest selection of tandems on the Texas Gulf Coast. We want to meet the unique needs of tandem cyclists. Website: [houseoftandems.com](http://houseoftandems.com). E-mail: [marcia@houseoftandems.com](mailto:marcia@houseoftandems.com). Tel: 713-962-1417. Open by appt. 01/4

**CRANK2 PERFORMANCE TANDEM BICYCLES**. Test Ride Center for Santana, Co-Motion, daVinci Designs, & KHS. Over 45 tandems available for immediate delivery. 925-462-4272. [www.crank-2.com](http://www.crank-2.com). 5480-9 Sunol Blvd. Pleasonton, CA 94566 01/14 **TANDEM EAST**. Free catalog Stocking Co-Motion, Seven, daVinci, Calfee, Cannondale, Hokitiki, Green Gear, KHS, Burley, Rans, Kidz, Bushnell, Bilenky, Wheels, child conversions, parts, advice. [www.tandem-seast.com](http://www.tandem-seast.com) [tandemwiz@aol.com](mailto:tandemwiz@aol.com) (856)-451-5104 (NJ) 02/14

Other Dealer Members

**ACORN INN** Bed and Breakfast: Discover Central Virginia's rural beauty with tandem-riding hosts. Ten bedroom renovated stable; cottage. Near Blue Ridge Parkway, historic Charlottesville. Ideal for groups. Delicious breakfasts. (434)-361-9357. <http://www.acorninn.com> 05/13

**BECOME A TCA DEALER MEMBER!** A \$45.00 membership gives you a one-year membership in the Tandem Club of America, six issues of DoubleTalk, and a 30-word classified ad in each issue of DoubleTalk while you are a member. Ads are pulled after the date shown in the ad. New ads with \$45/membership must be received by the editors by the first of the next month (i.e., ads with an 05/12 date will not run in July-August issue if your renewal is not received by June 1, 2012) to keep your advertisement current. Send your ad and check (payable to TCA) to the Editors, DoubleTalk, 2220 Vanessa Dr, Birmingham, AL 35242.

**BECOME  
A TCA  
DEALER  
MEMBER!**

---

---

## TCA Tandem Hospitality Homes

Are you willing to become a TCA Hospitality Home? If so please head to the TCA website, [www.tandemclub.org](http://www.tandemclub.org). There you can sign up and find a complete description of the program. If you would like to discuss what's involved, drop an e-mail to us or call the membership chairs or the editors.

A Hospitality Home provides touring cyclists a place to stay for a night. It need not be fancy, a spare bedroom or even a tent site will do. The cyclist will

need shower facilities and an opportunity to launder their clothes and a meal. The touring cyclist will call you well in advance and make arrangements; no surprises.

Please go on line and register to sign up at [www.tandemclub.org](http://www.tandemclub.org). You will need some basic informations such as your e-mail address, your address, and contact information.

[editor@tandemclub.org](mailto:editor@tandemclub.org)

# TCA MEMBERSHIP APPLICATION / RENEWAL

## Dues

United States \$15.00/yr

Canada 20.00/yr

Other International \$25.00/yr

All dues are quoted (and must be paid) in US Dollars  
2 and 3 year memberships are encouraged

## Membership

Please fill out the membership form below and mail  
with a check made payable (in US funds) to:

Tandem Club of America  
Duncan & Laura McCabe  
2302 New Orleans PL  
Wilmington, NC 28403-0315

Please Print your name or Paste Your Label below. Make any necessary corrections.

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Phone (Including Area Code): \_\_\_\_\_

E-mail: \_\_\_\_\_

Tandem Make: \_\_\_\_\_ Year: \_\_\_\_\_

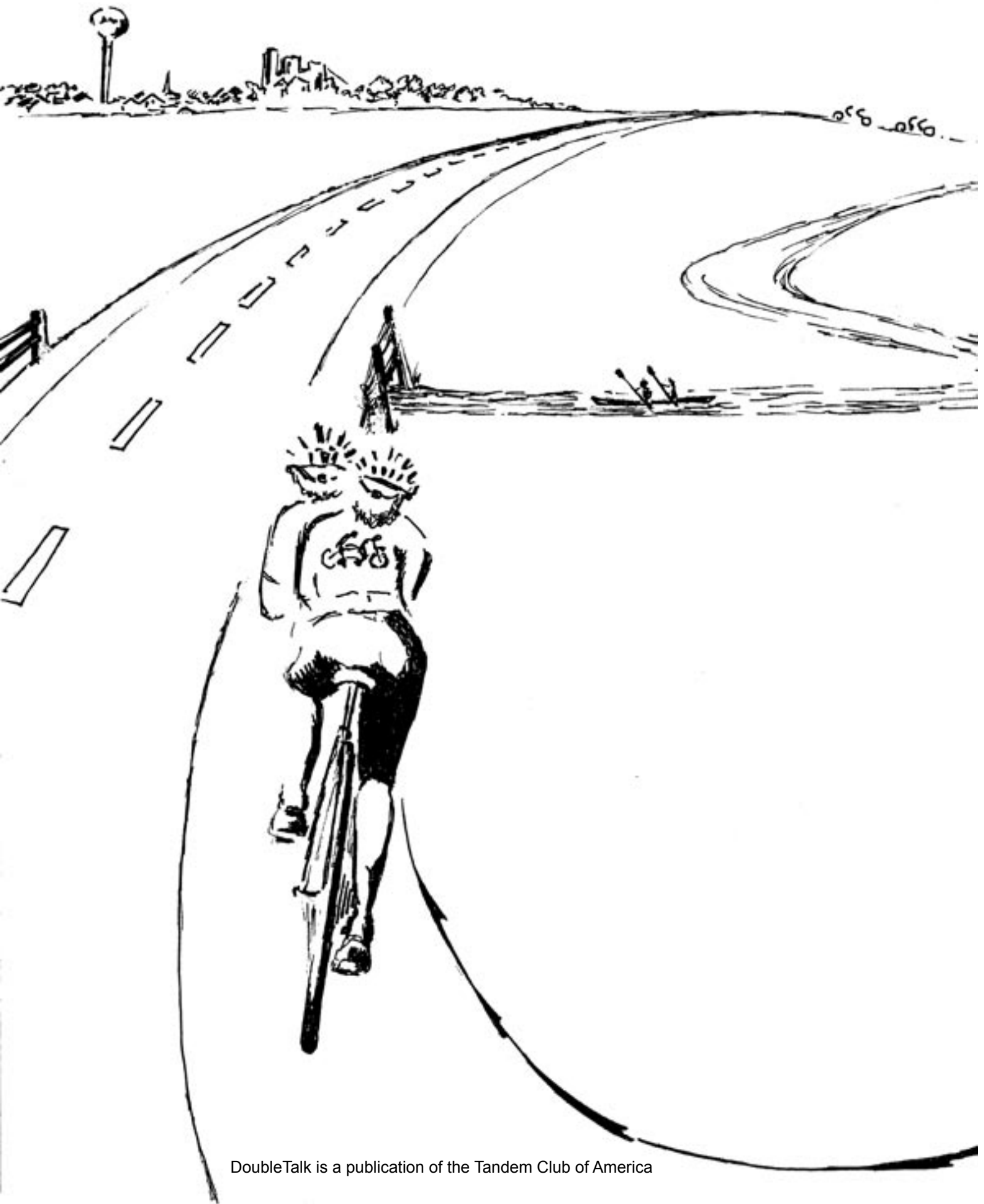
Color: \_\_\_\_\_ Style: \_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_ for (1) Years

### MAIL TO:

**Tandem Club of America, 2302 New Orleans PL, Wilmington, NC 28403-0315**

Is this a renewal? \_\_\_\_\_ Have you made any necessary corrections? \_\_\_\_\_



DoubleTalk is a publication of the Tandem Club of America